

SOCCER PLAYER ROTATION SHEET

| Your Team Name/Number: | |
|-----------------------------|--|
| Opponent: | |
| Sportsmanship Value Winner: | |

| | | Playing Time | | | | | | | |
|---|-------------|--------------|---|----|---|----|---|---|---|
| | | Q1 Q2 | | Q3 | | Q4 | | | |
| # | Player Name | Α | В | Α | В | Α | В | Α | В |
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ROTATION CHART INSTRUCTIONS

The Rotation Chart helps ensure equal playing time. Although some players may play more quarters in a particular game, playing time over the season should be as close to equal as possible.

Columns A and B for each quarter allow for tracking substitution/play time half-way through each quarter.

Fill in all your players name and numbers in the first two columns. For the first player in the line-up write a 1 in the box for Q1 A, second player gets a 2, third player a 3, and so on until all field positions are filled. All other players will be sitting out for the first half of the quarter. Repeat this each half quarter starting with the first player that sat in in the previous period.